



Sri Aurobindo Ashram (Delhi Branch) Trust Society

Sri Aurobindo Marg, New Delhi-110016

Contact: contact@aurobindoonline.in / 011- 26567863, 26524810

Programs For This Week

CLASS BY DR. APARNA ROY

TOPIC: सूर्यलोकित पथ (SUNLIT PATH)

Tuesday, 13 MAY 2025, 5:30 pm

Duration: 1 hour

Mode / Venue: Online Only

CLASSES BY SHRI PRASHANT KHANNA

TOPIC: NOURISHING THE SOUL

Tuesday, 13 May 2025, 11:30 am

TOPIC: THE MESSAGE OF THE GITA

Friday, 16 May 2025, 11:30 am

Duration: 1 hour

Mode: Online + Physical Class

Venue: SAAM (Room 005), near Ashram Library

SUNDAY SATSANG

Sunday, 18 May 2025, 10:00 am

Topic: The Ladder of Self-Transcendence

(Based on Sri Aurobindo's *The Synthesis of Yoga*; Part 2, Chapter 21)

Speaker: Dr. Mankul Goyal

Venue: Meditation Hall

(Before and after the talk, Basudhara Roy Munshi will make an offering of devotional music.)

NOTICES

- Daily meditation from 7 pm to 7:30 pm (Monday to Saturday) Venue: Meditation Hall

*In the service of The Mother,
The Ashram Family*